

## CLAIMS

### *What is claimed is:*

1. An integrated garment comprising:
  - a) an outer layer for covering a woman's breasts, the outer layer including a top end, a bottom end and side seams; and
  - b) an inner layer having a perimeter and a substantial support structure extending from a front of the garment to a back of the garment in at least a bust region of the garment, wherein the inner layer includes at least two different stitch patterns each having a respective yarn and wherein the inner layer is substantially attached along at least a portion of the perimeter to the outer garment.
2. The garment according to claim 1, wherein the stitch patterns comprise at least two of the following stitch patterns selected from the group consisting of:
  - i) a maximum support stitch, under the bust, at the sides of the bust, or between the breasts or mid section, or a combination thereof;
  - ii) a medium support stitch, in the back portion of the inner layer; and
  - iii) a soft selection area stitch, over the bust area.
3. The garment according to claim 1, wherein the support structure includes at least two different yarns for imparting a support and control function to the support structure.
4. The garment according to claim 3, wherein the yarns are selected from the group consisting of: cotton and microfiber each in combination with an elasticized material.
5. The garment according to claim 4, wherein the elasticized material comprises Lycra or Elastane.
6. The garment according to claim 3, wherein the yarns are selected from the group consisting of: spandex, bare spandex, nylon, nylon single cover, nylon flat shiny, viscose, polyester, acrylic, wool, cashmere, mohair and rayon.
7. The garment according to claim 1, wherein the inner layer is substantially continuous around the circumference of the top end of the outer layer.

8. The garment according to claim 7, wherein the inner layer is substantially attached at least substantially across the entirety of a perimeter of the top end of the outer layer.
9. The garment according to claim 1, wherein the inner layer is smaller than the outer garment and includes a shape substantially similar to a shape of the top half of the outer layer.  
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10. The garment according to claim 9, wherein the inner layer is substantially attached to an inside of the outer layer.
11. The garment according to claim 1, wherein the outer layer is a long-sleeve shirt.
12. The garment according to claim 11, wherein the inner layer is substantially attached to a perimeter of the top end of the outer layer.  
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13. The garment according to claim 13, wherein the inner layer is substantially attached to a perimeter of the top end of the outer layer, substantially around the arm holes and substantially across the shoulders.
14. The garment according to claim 1, wherein the outer layer comprises a top with sleeves having a defined neck line.  
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15. The garment according to claim 16, wherein the inner layer is substantially attached to the outer layer substantially around an entirety of the arm holes and to the shoulder seams.
16. The garment according to claim 1, wherein the outer layer comprises a dress having a top half with or without sleeves.  
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17. The garment according to claim 18, wherein the inner layer includes a substantially similar shape as at least the top half of the dress, and wherein the inner layer is substantially attached to the outer layer at least at one common perimeter of the top end of the dress, around the neckline, around the shoulder seams, or the armholes.
- 25 18. The garment according to claim 1, wherein the outer layer is a sweater.